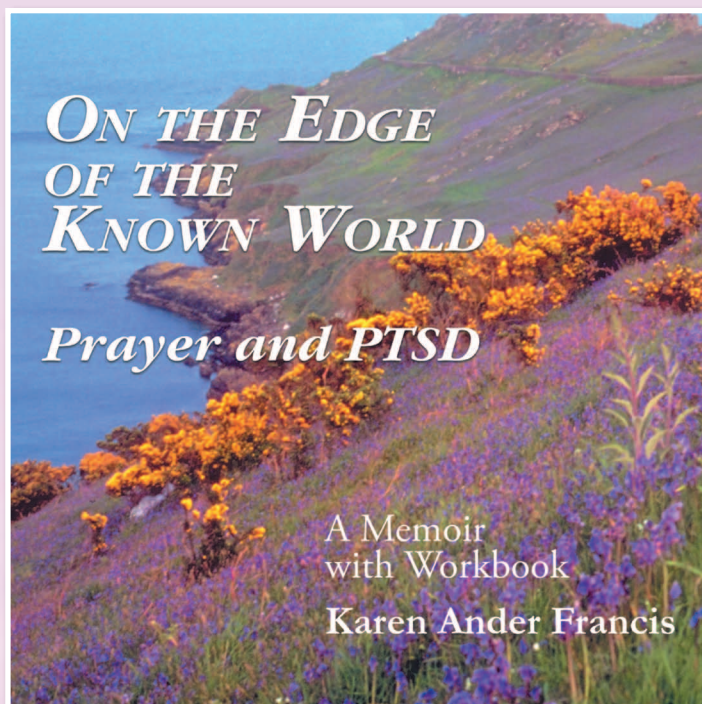


On the Edge of the Known World: Prayer and PTSD

Karen Ander Francis



About the Book

On the Edge of the Known World lays bare the authentic struggle of a woman filled with insecurity and fear, who comes to a place full of grace and trust following a nearly fatal car crash. As the author fights to regain control of her body, she finds that the life she strives to reclaim unravels. On the long road back Ms. Francis comes to grips with post-traumatic stress disorder and the truth about her life before the accident. **On the Edge of the Known World** reveals the inner journey of the author as she attempts to make sense of the accident and its aftermath, and discovers answers to the questions the events raise: Who am I now? How am I to live? And why am I afraid to pray?

About the Author

KAREN ANDER FRANCIS has practiced a contemplative way of life for nearly 30 years and has written for publication almost as long. Most recently, Ms. Francis' short memoir, "Winter Solstice," was selected for inclusion in *When One Door Closes: Reflections from Women on Life's Turning Points*. She served as a contributing editor for *Pathways for Spiritual Living*, where she wrote a quarterly column called "Sophia's Table."

Ms. Francis is the author of a book for spiritual directors called *The Soul Friend: Spiritual Direction with Adults Abused as Children*. In it she shares the fruits of her original research using God images in the healing of the psycho-spiritual wounds resulting from childhood abuse. Ms. Francis has led workshops for spiritual directors and therapists in the United States and Canada.

The insight and depth of Ms. Francis' inspirational writing has been compared with that of Madeleine L'Engle and the anonymous author of *The Cloud of Unknowing*. Ms. Francis holds a master's degree in Transpersonal Psychology. She has been a spiritual director for 20 years. She makes her home in Dayton, Ohio.



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